

New Patient Health History

Patient Name: _____ Age: _____ Date: _____

This questionnaire will help your care provider obtain a large amount of information while still being able to focus on your most important concerns. Please answer all questions as best as you can. All answers will be kept confidential.

Current and Past Medical Problems (for example: anemia, asthma, arthritis, bleeding problems, colitis, cancer, high cholesterol, diabetes, hepatitis, high blood pressure, heart attack, depression, epilepsy, glaucoma, kidney problems, urinary tract infections, incontinence, migraines, HIV, thyroid, pneumonia, Valley Fever)

- 1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____

Operations and date (for example: cesarean section, D&C, hysterectomy, tonsillectomy, appendectomy, gallbladder, breast biopsy)

- 1. _____ 3. _____
2. _____ 4. _____

Medications (list all medications you currently take including prescriptions, birth control pills, cold medicines, herbal remedies, aspirin, vitamins). Please list medication dosage and frequency.

- 1. _____ 3. _____
2. _____ 4. _____

Allergies to Medications (all medications that you can not take, or have had a reaction to). Specify type of reaction.

Social History

Marital status _____ Highest level of education _____ Occupation _____

Hobbies _____ Interests _____

- 1. Do you smoke cigarettes? O Yes O No If yes, how many per day? _____ Do you have a plan to quit? O Yes O No
2. Have you smoked in the past? O Yes O No If yes, how many years and when did you last quit? _____
3. Do you drink alcohol? O Yes O No If yes, how many drinks per week? _____ Do you drink alone? _____
4. Do you use caffeine? O Yes O No If yes, how much? _____
5. Have you used illegal drugs? O Yes O No If yes, what type and when _____
6. Do you exercise? O Yes O No What type? _____ How often? _____

7. How much do you weigh? _____ 5 years ago? _____ 10 years ago? _____

8. Do you have risk factors for AIDS or HIV infection such as intravenous drug use, blood transfusion, multiple sexual partners or sexual exposure to a gay or bi-sexual male, exposure to an IV drug user, or have any other reason to believe you may have had AIDS exposure?

9. A. Have you ever been physically or sexually touched without your consent or in a manner which you felt was not right?
B. Do you feel safe at home?

Health Maintenance

Please list date (year) in which you last had any of these procedures. Indicate results if known.

Complete Physical _____ PAP smear _____ Mammogram _____ Cholesterol screen _____

Flu shot _____ Tetanus shot _____ Measles, Mumps, Rubella vaccine _____ Hepatitis B Vaccine _____

Colonoscopy _____ Chest X-Ray _____ EKG _____ Bone Densitometry _____

Have you had chicken pox or have you received the varicella vaccine? Yes No Do not know

Gynecologic History

Start date of last menstrual period _____ Number of days between periods from start to start _____

Length of periods _____ Pain with periods Yes No Heavy Bleeding Yes No Other _____

_____ Age of menopause _____

Number of pregnancies _____ # of children _____ Miscarriages _____ Other (abortions, ectopic, molar pg) _____

Complications of pregnancy _____

Have you ever had an abnormal PAP smear? Yes No If yes, what was the diagnosis and how was it treated?

_____ Have you received the HPV vaccine? Yes No

Have you ever had gonorrhea, chlamydia, pelvic inflammatory disease, Herpes, or syphilis? If yes, when and where were you treated? _____

Type of birth control _____ Breast self exam Yes No Estimated mg of daily calcium _____

Pain with intercourse Yes No Sexual concerns (libido, orgasm, other) _____

Family History (Blood relatives)

List family members who have had any of these medical problems: Cancer (type), heart attack, high cholesterol, high blood pressure, diabetes, osteoporosis, sickle cell anemia, cystic fibrosis, kidney disease, asthma, thyroid or other medical problem:

Illness: _____ Family Member (s): _____

Please list any other concerns you have related to your past or present health history: